

Wisdom of Our Catholic Tradition

"Each married couple is called to foster this joyous gratitude — thankfulness that each is a gift to the other and that this gift of the other ultimately comes from God's bounteous love for them."

Marriage, Love and Life in the Divine Plan, 49

"Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you."

1 Thessalonians 5:16-18

"I will give thanks to the Lord with my whole heart; I will tell of all your wonderful deeds."

Psalms 9:1

Speak, LORD, for your servant is listening.

1 Samuel 3:9

THE BEATITUDES

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are those who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the earth.

Blessed are those who hunger and thirst for righteousness,
for they will be filled.

Blessed are the merciful, for they will receive mercy.

Blessed are the pure in heart, for they will see God.

Blessed are the peacemakers,
for they will be called children of God.

Blessed are those who are persecuted for righteousness' sake,
for theirs is the kingdom of heaven.

Matthew 5: 3-10

Discuss together how the two of you will continue making time for each other, such as scheduling regular "date nights."

Copyright © 2012 John and Teri Bosio

The BEATITUDES: A Couple's Path to Greater Joy

Session Six

Your Marriage is a Celebration of Life

Before You Begin

As you enjoy your time together alone, look over this booklet and choose one or more of the activities that you find most interesting to the two of you. If any activity threatens to take the fun out of your time together, set it aside and agree to discuss it at another time.

What is Purity of Heart?

For Christian spouses, purity in heart means seeing their life as God sees it, and embracing God's plan for marriage. In particular, it means being the gift to each other that God created husband and wife to be.

*"God created humankind in his image,
in the image of God he created them;
male and female he created them."*

Genesis 1:27

Just For Fun

Try to guess your spouse's favorite endearing name that he/she likes to hear from you.

Your spouse may give you feedback by saying: "cold," "warm," or "hot" to indicate how close your guess is to the correct answer. (cold = distant; warm = close; hot = very close)

Stories

Share with your spouse your memories of a special birthday or anniversary celebration.

Share with your spouse the traditions that your family had, when you were young, to celebrate birthdays, Sacraments, or anniversaries.

Do you have any pictures or articles of clothing from your Baptism?
Do you have pictures of your children's Baptisms?

***“Blessed are the pure in heart,
for they will see God.”***

Matthew 5:8

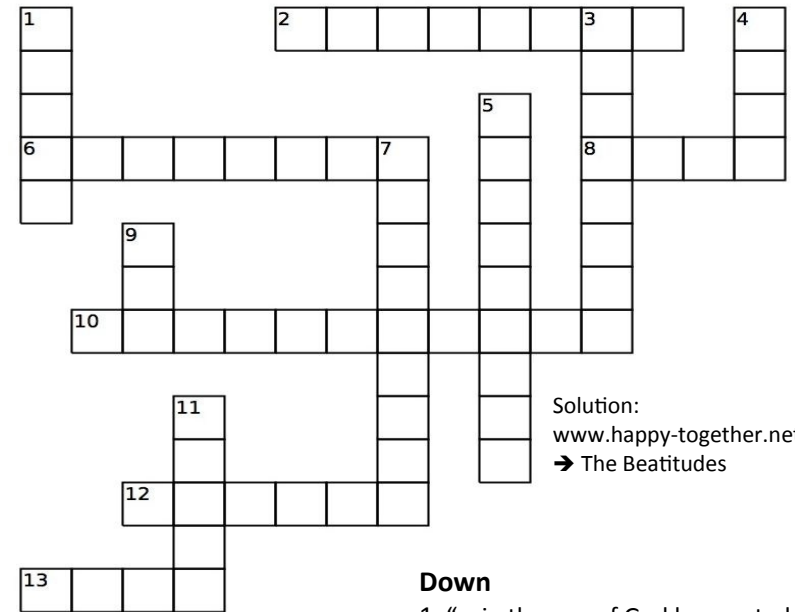
Questions for Your Conversation

- ♥ What are the special moments in your marriage when you feel God's goodness and love most vividly?
- ♥ List the ways in which your spouse is God's gift to you.
- ♥ What would you say to God to thank him for the gift of your sexuality?
- ♥ What is your experience with Natural Family Planning?
- ♥ Ask yourselves: What do we do to teach our children and grandchildren to listen to God's voice and to follow its promptings?
- ♥ Think of a couple in your community who stand out to you in their role as parents. What specifically impresses you about their life as a couple? Would you be willing to tell them personally or through a call, a card, or e-mail how they influence you in a positive way?

More Questions

See pages 68 and 69 in **Blessed is Marriage**.

More Fun



Solution:
www.happy-together.net
→ The Beatitudes

Across

2. Physical/Emotional closeness
6. ♪ “He will bring us ___ & light.”
8. Jesus is the bread of ___.
10. Party for special event
12. Relatives
13. Something given to you

Down

1. “... in the ___ of God he created them.”
3. Offspring
4. “___ as the driven snow.”
5. Count your ___.
7. Related to gender
9. We do this with our eyes.
11. I love you with all my ___.

Action for This Week

Put your initials by at least one action that you commit to do this week, then share with your spouse.

I will show my appreciation for him/her by doing something special (cook a special meal/take him/her out to dinner, etc.).	
I will compliment my spouse more often.	
I will be aware of all that my spouse does that is good for me and let him/her know.	
I will pray for our marriage each day.	