

Wisdom of Our Catholic Tradition

“When the spouses become one flesh, their openness makes them a home to each other. Their communion with each other becomes a home for children, including adopted and foster children.”

Marriage, Love and Life in the Divine Plan, 51

“As God’s chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, meekness, and patience.”

Colossians 3:12

Speak, LORD, for your servant is listening.

1 Samuel 3:9

THE BEATITUDES

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are those who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the earth.

Blessed are those who hunger and thirst for righteousness,
for they will be filled.

Blessed are the merciful, for they will receive mercy.

Blessed are the pure in heart, for they will see God.

Blessed are the peacemakers,
for they will be called children of God.

Blessed are those who are persecuted for righteousness’ sake,
for theirs is the kingdom of heaven.

Matthew 5: 3-10

Prepare for the next session by reading Chapter 7
and the Conclusion from **Blessed is Marriage**.

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The BEATITUDES: A Couple’s Path to Greater Joy

Session Five

Your Marriage is Your Home

Before You Begin

As you enjoy your time together alone, look over this booklet and choose one or more of the activities that you find most interesting to the two of you. If any activity threatens to take the fun out of your time together, set it aside and agree to discuss it at another time.

“Home is where your heart is.”

Pliny the Elder

Making Your Marriage Your Home

When you show compassion toward your spouse, your marriage becomes a comfortable home, the place where you and your children taste the goodness of God’s mercy. Then the warmth of your love for one another radiates, and everyone around you is touched by God’s mercy and compassion.

Just For Fun

Try to guess how many homes in which your spouse has lived his/her entire life, including your home now.

Your spouse may give you feedback by saying: “cold,” “warm,” or “hot” to indicate how close your guess is to the correct answer. (cold = distant; warm = close; hot = very close)

Stories

Do you remember a time when you were away from each other and missed the presence of your spouse? Where were you? What were you doing? How long had you been away?

Share with your spouse the feeling of coming home to your spouse.

*“Home is not where you live
but where they understand you.”*

Christian Morgenstern

***“Blessed are the merciful,
for they will receive mercy.”***

Matthew 5:7

Questions for Your Conversation

- ♥ How does your spouse show that he/she understands you?
- ♥ Can you name one or two emotional needs of your spouse?
- ♥ What does your spouse do for you that you appreciate?
- ♥ Do you remember a time when your spouse comforted you? When was it? What did your spouse do?
- ♥ Is our marriage my home? Is it the place that is more comfortable to me than anywhere else?
- ♥ What couple in your community is a good example of someone living the works of mercy? What do they do that you consider exemplary?
- ♥ What do you do as a couple to help those in need in your community?

More Questions

See pages 59 and 60 in **Blessed Is Marriage**.

More Fun

Find the words to the right in this **Word Search**. Words are backwards and forward, in all directions, some words overlap.

M	E	D	N	A	T	S	R	E	D	N	U	
E	R	C	O	M	P	A	S	S	I	O	N	
O	L	L	I	A	S	D	E	E	N	O	O	
N	L	B	T	T	A	C	M	F	E	T	I	
R	N	R	A	C	M	O	E	O	T	O	T	
A	N	O	I	T	A	M	R	I	F	F	A	
F	A	N	C	R	R	F	C	I	M	A	R	
H	T	O	E	E	I	O	I	A	A	A	I	
H	E	A	R	T	T	R	F	O	M	H	M	
U	M	L	P	S	A	T	U	M	N	A	D	
N	O	I	P	C	N	E	L	R	O	A	A	
L	H	L	A	C	R	F	T	F	A	C	R	

Home
Heart
Understand
Merciful
Comfortable
Needs
Compassion
Samaritan
Affirmation
Admiration
Appreciation
Comfort
Help

Solution: www.happy-together.net → The Beatitudes

Action for This Week

Write below one or more ways in which you will be a Good Samaritan to your spouse this week. Be mindful of doing what helps your spouse feel better or heal rather than what feels good for you. Share what you wrote with your spouse.

I will
I will
I will