Wisdom of Our Catholic Tradition

"The practice of marital chastity ensures that both husband and wife will strive to live as a gift of self, one to the other, generously."

Marriage, Love and Life in the Divine Plan, p. 48

"Guard the good treasure entrusted to you, with the help of the Holy Spirit living in us."

2 Timothy 1:14

"For where your treasure is, there your heart will be also."

Luke 12:34

Speak, LORD, for your servant is listening.

1 Samuel 3:9

THE BEATITUDES

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are those who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the earth.

Blessed are those who hunger and thirst for righteousness, for they will be filled.

Blessed are the merciful, for they will receive mercy.

Blessed are the pure in heart, for they will see God.

Blessed are the peacemakers, for they will be called children of God.

Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

Matthew 5: 3-10

Prepare for the next session by reading Chapter 6 from **Blessed is**Marriage: A Guide to the Beatitudes for Catholic Couples.

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The **BEATITUDES**: A Couple's Path to Greater Joy

Session Four

Your Marriage is Your Treasure

Before You Begin

As you enjoy your time together alone, look over this booklet and choose one or more of the activities that you find most interesting to the two of you. If any activity threatens to take the fun out of your time together, set it aside and agree to discuss it at another time.

Your Treasure

Your marriage is a treasure. When you fell in love with your spouse you discovered a precious treasure, one that you wanted to have because it held a great promise for you.

"...the kingdom of heaven is like treasure hidden in a field, which someone found and hid; then in his joy he goes and sells all that he has and buys that field." Matthew 13:44

You are here today because, like the man in Jesus' parable, you invested everything you have to protect your treasure.

Just For Fun -

Try to guess what your spouse would say is his/her most precious object in your home.

Your spouse may give you feedback by saying: "cold," "warm," or "hot" to indicate how close your guess is to the correct answer. (cold = distant; warm = close; hot = very close)

Stories

Recall a time when together you bought something that you both thought was special and a great find. What was it? Where were you?

What possession did your parents have that they cherished the most?

"Blessed are those who hunger and thirst for righteousness, for they will be filled."

Matthew 5:6

Questions for Your Conversation

- ♥ When you married what were your dreams for your life together?
- ♥ What sacrifices do you make to honor your commitment to your spouse?
- ♥ How do you handle relationships with friends or coworkers of the opposite sex?
- ♥ What do we do to stay in touch with each other? What do we enjoy doing together?
- What do we do to protect the treasure that is our marriage? Are our boundaries clear and strong? Are we well connected with each other? What can we do to strengthen even more our emotional bond with each other?
- ◆ Can you think of a couple in your community whose commitment to each other is visible to everyone? What do they do that impresses you?

More Questions

See pages 51 and 52 in **Blessed is Marriage**.

More Fun

1 2	Solution: www.happy-together.net → The Beatitudes
4	
5 6	- H
7	
9	8
L	
10	
11	
Across	Down
1. Farmers plant in the	2. We web browse on the
4. Another word for starvation	3. State of being just or rightful
7. Drawn to mark property	5. Another word for happiness
9. Pirates seek a	6. During sleep we sometimes
10. Shielded or guarded11. Something valuable is	8. Kings rule over their

Action for This Week

Put your initials by at least one action that you commit to do this week, then share with your spouse.

I will ask my spouse how he/she feels about my use of the	
internet and social networks.	
I will share with my spouse all my passwords.	
I will invite my spouse out on a date.	
I will invite my spouse to pray together.	
I will make an effort to have a meal together each day.	